Come join us for fun and good food!

Need an example?

Delicious muffins, mouthwatering cupcakes, finger-licking brownies!

About our workshop

We will show you a little bit of both worlds, the UK and the USA. And it all revolves around tea!

Afternoon Tea

This is the one that comes to mind when people think of English tea ceremonies. It all began back in the mid 1800s, when the Duchess of Bedford started having a tray of tea with bread and butter served to her in the mid-afternoon. You see, in those days, lunch was served at noon but dinner was not eaten until 8 or even 9 o’clock at night. The Duchess found herself hungry during those long afternoon hours. It became a regular occurrence and as she began to invite other high-society ladies to join her, having Afternoon Tea became the ‘in-thing’ for the upper-class women. Along with tea, there would be small pastries with clotted cream or preserves, delicate sandwiches, and scones.

High Tea

Many people use the term “High Tea” to describe the event I’ve mentioned above, probably because it sounds more elite. But High Tea is a much different thing. It was served later (around six in the evening) and consisted of a full, dinner meal for the common people. Tea was still served, but there would also be meats, fish or eggs, cheese, bread and butter, and cake. It was more of a man’s meal, than a lady’s social diversion.

Where?
Garantia Social Workshop
Ground floor

When?
April 12th, Tuesday, and 13th, Wednesday
9:00 am to 11:25 am
Menu

We will be cooking and preparing sandwiches and cakes, and we will be brewing hot tea and coffee. And none of this will be possible without your support and enthusiasm!

Ingredients:
sugar, chocolate, bread, butter, tea, coffee, nuts, apples, flour, baking powder, eggs, jelly... All natural!

Finally...
Remember that this is a time for fun but also for responsible enjoyment. So please respect the rules of the school, respect your teachers and school mates and observe the basic safety rules in the kitchen.

Sandwiches
Typically we’ll be serving
• Cucumber sandwiches
• Peanut butter and jelly sandwiches

Brownies
We’ll be using
• chocolate
• sugar
• butter, etc.

Cakes
And finally, we’ll be tasting
• a yummy sponge cake
• a lip-smacking apple cake

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